Fibroid Clinic

Could Fibroids Be Causing Your Symptoms?

A Simple Guide to Understanding Fibroids and Your Treatment Options



Swipe

Informational purposes only, not medical advice

Many women live with heavy periods, pelvic pressure, bloating, and fatigue without realizing fibroids may be the cause.

Inside this guide, you'll learn:

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📌 Quick Note: All buttons in this guide are clickable.
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What Are Fibroids?

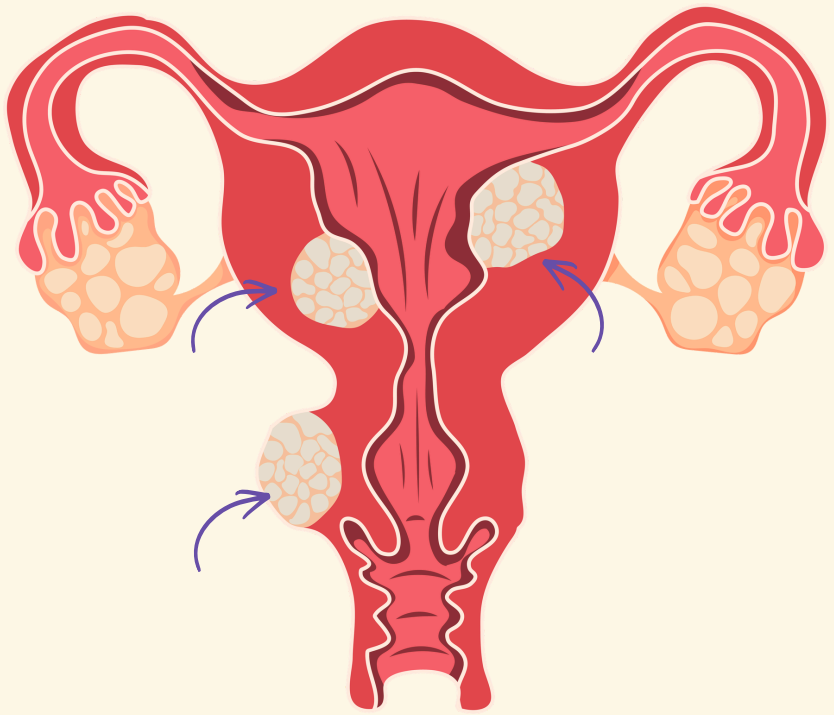
Fibroids are common, non-cancerous growths that develop in or around the uterus. They can vary in size and may cause symptoms that affect your daily life.

Where Can Fibroids Grow?

Inside the uterus: Often linked to heavy periods

Within the uterine wall: May cause pain and pressure

Outside the uterus: Can contribute to bloating & frequent urination



DID YOU KNOW?

Fibroids are one of the most common health conditions affecting women. Up to **80% of women** may develop fibroids during their lifetime, yet many are unaware they have them until they seek medical advice.

Common Symptoms

Fibroids can cause a range of symptoms that may affect your daily life and overall wellbeing.



Heavy menstrual bleeding



Periods lasting longer than normal



Pelvic pain or pressure



Bloating or abdominal enlargement



Frequent urination



Constipation



Lower back pain



Fatigue caused by iron deficiency



Difficulty with fertility in some cases

TREATMENT OPTIONS

There Is More Than One Way to Treat Fibroids.
Treatment depends on your symptoms, fibroid size, medical history, and personal goals.

Watchful Waiting
For women with mild or no symptoms.

Medication
May provide temporary symptom relief.

Myomectomy
A surgical procedure that removes fibroids while preserving the uterus.

Hysterectomy
Surgical removal of the uterus and a permanent solution for fibroids.

Uterine Fibroid Embolisation (UFE)
A minimally invasive procedure that treats fibroids by blocking their blood supply, causing them to shrink.

The right treatment is different for every woman. Understanding all available options is important before making a decision.

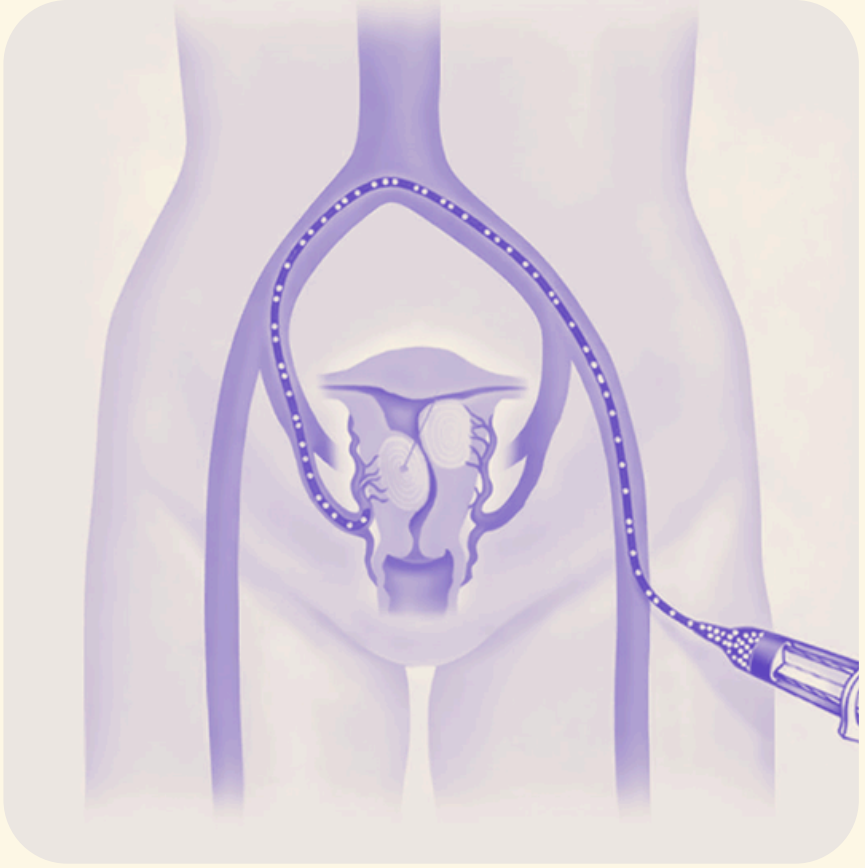
WHY MANY WOMEN CHOOSE UFE

A Minimally Invasive Alternative to Major Surgery

Uterine Fibroid Embolization (UFE) is a non-surgical treatment performed by an Interventional Radiologist. During the procedure, a tiny catheter is used to block the blood vessels feeding the fibroids. Without a blood supply, fibroids shrink and symptoms often improve.

Potential Benefits of UFE:

✓ No large surgical incision
✓ Uterus preserved
✓ Short hospital stay
✓ Faster recovery compared with many surgical procedures
✓ Minimal scarring
✓ Effective relief from heavy bleeding and pressure symptoms
✓ Return to normal activities sooner



Important: Not every patient is a candidate for UFE. A consultation and risk assessment help determine the most suitable treatment.

FIND OUT IF YOU MAY BE **A CANDIDATE FOR UFE**

If you're experiencing symptoms such as heavy periods, pelvic pressure, bloating, or fatigue, our online assessment can help you better understand your fibroid risk and whether further evaluation may be beneficial.

Why Complete the Assessment?

✓ Takes just a few minutes
✓ Helps identify symptoms associated with fibroids
✓ Provides insight into your treatment options
✓ Determines whether you may be a suitable candidate for UFE

In just a few minutes, you can gain valuable insight into your symptoms and treatment options.

Click the button below to start your free assessment.

Start Your Free Assessment→

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Take Risk Assessment